



**SKATE UK**  
Developing Youth Ice Sports

**What is Skate UK all about?** Learning to skate is good fun – especially if you are on the nationally recognised Skate UK program. The programme is designed by the National Ice Skating Association (**NISA**) to give a structured approach to group tuition. Blue Ice, Solihull Rink has been running this course for many years.

**Who is Skate UK aimed at?** Skate UK is designed for all beginner skaters aged between 6 and 60 – you are never too old to learn how to skate! Whether you wish to take your skating more seriously in the future or merely want to gain confidence on the ice – Skate UK is where it all begins. There are 10 progressive levels of Skate UK (please note that levels 7 & 8 are by invitation only by your instructor and levels 9 & 10 are provided by private tuition). The levels take you from absolute basics through to some fairly tricky spins, turns and jumps. You can stop whenever you reach your desired level but with certificates at every level, you won't be able to resist getting them all!

**What can I do after Skate UK?** Many of the clubs such as Ice Hockey, Speed Skating etc require a minimum level of proficiency before you are able to join them. You may also wish to take private lessons from one of the professional coaches based at the rink – these are the people that can turn you into the skating star of the future! You may even have gained the skills and confidence you needed to enjoy a fun packed skating experience on one of our many sessions. Whatever your reasons for learning to skate, now that you have the skating skills, the choice is yours!

**How do I enrol?** Book your lessons over the phone or in person. Upon booking payment is needed, we accept all major credit/debit cards but do not accept cheques. Lessons must be booked in advance (by the Wednesday before the start of the Saturday or Sunday course). It is advisable to book midweek when we are less busy!

**To book call the Box Office on 0121 742 5561**